

ABSTRAK

Chosna, Awalyn. 2016. **Hubungan Persepsi Ibu Terhadap Kegawatan Diare Dengan Tatalaksana Diare Pada Anak Balita Yang Dilakukan Dirumah Diwilayah Puskesmas Pesantren 1 Kota Kediri.** Tugas Akhir, Ilmu Keperawatan Fakultas Kedokteran Universitas Brawijaya Malang, Pembimbing : (1) Ns. Rinik Eko Kapti S. Kep M. Kep (2) Ns. Mukhamad Fathoni S. Kep, MNS

Diare adalah kondisi defekasi tidak biasa yaitu lebih dari tiga kali sehari, dengan atau tanpa darah dalam tinja. Hal ini dipengaruhi persepsi ibu terhadap kegawatan dan tatalaksana yang dilakukan ibu pada anak diare. Apabila tidak mendapatkan penanganan cepat dan tepat maka menimbulkan dehidrasi. Tujuan penelitian ini menganalisa hubungan persepsi ibu terhadap kegawatan diare dengan tatalaksana diare pada anak balita. Desain penelitian menggunakan *deskriptif analitik korelasional* dengan pendekatan metode *cross sectional*. Pengambilan sampel menggunakan *nonprobability sampling* dengan metode *purposive sampling*. Jumlah sampel 84 orang. Hasilnya, ketepatan persepsi ibu terhadap kegawatan diare 77 orang (91,67%) tepat dan tatalaksana diare yang dilakukan dirumah 79 orang (94,05%) baik. Analisa data dengan uji *korelasi rank spearman*. Hasil menunjukkan adanya hubungan bermakna antara persepsi ibu terhadap kegawatan diare dengan tatalaksana diare pada anak balita dengan nilai $p = 0,000 < 0,05$. Kesimpulan penelitian ini ada hubungan persepsi ibu terhadap kegawatan diare dengan tatalaksana diare pada anak balita yang dilakukan dirumah diwilayah Puskesmas Pesantren 1 Kota Kediri. Saran perlu sosialisasi pada ibu yang memiliki anak balita mengenai informasi penyakit diare dan tanda khas kegawatan diare seperti anak rewel, suhu meningkat, tinja cair, anus lecet, muntah, kehausan, tidak minum, mata ubun-ubun cekung, mulut kering. Sehingga, ibu memahami tanda kegawatan diare dan dapat melakukan tatalaksana diare dengan benar untuk megurangi terjadinya dehidrasi.

Kata kunci : Persepsi ibu terhadap kegawatan, tatalaksana diare, anak balita

ABSTRACT

Chosna, Awalyn. 2016. **The Relationship of Mother's Perceptions About the Severity Of Diarrhea with the Treatment of Diarrhea in Young Children at Subdistrict Primary Health Care Pesantren Kediri**. Final Task, Nursing Science Faculty of Medicine, University of Brawijaya, Malang, Advisor : (1) Ns. Rinik Eko Kapti S. Kep M. Kep (2) Ns. Mukhamad Fathoni S. Kep, MNS

Diarrhea is an unusual defecation condition which happens more than three times a day, with or without blood in a feces. It is influenced by a mother's perception of the severity and the treatment which had done in children with diarrhea. If it does not get treatment as quickly and appropriately, it can lead to dehydration. The purpose of this study is to analyze the relationship of mother's perception of the severity and the treatment of diarrhea in young children. The study's design is using analytical descriptive correlational by cross sectional approach method. The sample was taking by using nonprobability sampling with purposive sampling method. The number of samples is 84 people. As a result, the accuracy of mother's perception of the severity of diarrhea to 77 people (91.67%) is appropriate and the treatment of diarrhea that had been done at home to 79 people (94.05%) is good. The analysis of the data was using the Spearman rank correlation test. The results showed a significant relationship between mother's perception of the severity of diarrhea with the treatment of diarrhea in young children with a value of $p = 0.000 < 0.05$. The conclusion, there is a relationship of mother's perception of the severity of diarrhea with the treatment of diarrhea in young children which had done at home in the area of Puskesmas Pesantren 1 Kediri. The suggestion, it is required to socialize to mother who has young children about diarrhea's information and distinctive sign of severity of diarrhea such as children become fussy, the temperature increases, the feces is liquid, anal abrasions, vomiting, be thirsty, fontanel sunken eyes, and dry mouth. So that, mother can understand the severity sign of diarrhea and can do the diarrhea's treatment correctly to reduce the occurrence of dehydration.

Keywords : Mother's perception of severity, the treatment of diarrhea, toddlers (young child)