

## DAFTAR PUSTAKA

- American Academy of Orthopaedic Surgeons. 2007. *Ankle Fractures*. <http://orthoinfo.aaos.org/topic.cfm?topic=a00391> (diakses 19 Desember 2012)
- Arovah N. I. *Diagnosis dan Manajemen Cedera Olahraga*. Universitas Negeri Yogyakarta. 2007; 12: 1-11
- Bahr R., Holme I. 2003. *Risk factors for sports injuries: a methodological approach*. *British Journal of Sports Medicine*; 37(5): 384.
- Development Basketball League. 2012. About DBL: What Is DBL?; History of DBL. <http://www.dblindonesia.com/index.php?act=abtdbl> (diakses 19 Desember 2012)
- Fong D.T., Hong Y., Chan L.K., et al. 2007. *A Systematic Review on Ankle Injuries and Ankle Sprain in Sports*. *Sports Med*; 37(1): 73-94.
- Giriwijoyo H.Y.S.S., Sidik D.Z. 2012a. *Ilmu Faal Olahraga (Fisiologi Olahraga)*. Edisi ke-1. Remaja Rosdakarya. Bandung.
- Giriwijoyo H.Y.S.S., Sidik D.Z. 2012b. *Ilmu Kesehatan Olahraga*. Edisi ke-1. Remaja Rosdakarya. Bandung.
- Gleim G. W., McHugh M.P.. 1997. *Flexibility and its effects on sports injury and performance*. *Sports Medicine*; 24(5): 289-299.
- Hamill J., Knutzen K.M.. 2009. *Biomechanical Basis of Human Movement*. *Lippincott Williams & Wilkins*. Philadelphia, USA.
- Harmer P. A.. 2005. *Epidemiology of Pediatric Sports Injuries: Team Sports: Basketball Injuries*. *Med Sport Sci. Basel, Karger*, 49: 31-61
- Hawker G.A., Mian S., Kendzerska T., French M., 2011. *Measures of Adult Pain*. *American College of Rheumatology*; 63(11): 240-241
- Health Grades Inc., 2004. *Statistics by Country for Ankle Injuries: Incidence (annual) of Ankle Injuries*. [http://www.rightdiagnosis.com/a/ankle\\_injuries/stats-country.htm](http://www.rightdiagnosis.com/a/ankle_injuries/stats-country.htm) (diakses 3 Januari 2013)

Ibrahim V., Meyler Z., Panagos A. 2009. *Ankle Sprain and the Athlete*. American College of Sports Medicine, n.p.

Inverarity L. 2008. *Ankle Strengthening Exercise*. Physical Therapy: About.com. <http://physicaltherapy.about.com/od/strengtheningexercises/ss/ankleexercises.htm> (diakses 19 Desember 2012)

Kobayashi T., Yoshida M., Gamada K., Yoshida M. 2013. *Intrinsic Predictive Factors of Noncontact Lateral Ankle Sprain in Collegiate Athletes: A Case Control Study*. *The Orthopaedic Journal of Sports Medicine*; 1(7): 1-8.

Kurniawan A. 2012. *Ankle Sprain (Cedera Pergelangan Kaki)*. Indonesia Sports Medicine Centre. <http://www.ismc.co.id/artikel/2012-09-13-04-05-03/ankle-sprain> (diakses 18 Desember 2012)

Leanderson J., Wykman A., Eriksson E. 1993. *Ankle sprain and postural sway in basketball*. *Knee surgery, Sports Traumatology, Arthroscopy*; 1(3-4): 203-205

McGuine T.A., Keene J.S. 2005. *The effect of a balance training program on the risk of ankle sprains in high school athletes*. *Am J Sports Med*; 34(7): 1103-1111

McKay G.D., Payne W.R., Goldie P.A., Oakes B.W. 2001. *Ankle injury in basketball: injury rate and risk factors*. *British Journal of Sports Medicine*; 35(2):103-108

Meeuwisse W.H. 1994. *Assessing causation in sport injury: A multifactorial model*. *Clin J Sport Med*; 4(3): 166

Meeuwisse W.H., Sellmer R., Hagel B.E. 2003. *Rates and risks of injury during intercollegiate basketball*. *Am J Sports Med*; 31(3): 379-385

Mohammadi F.. 2007. *Comparison of 3 Preventive Methods to Reduce the Recurrence of Ankle Inversion Sprains in Male Players*. *Am J Sports Med*; 35(6): 922

Moore K.L., Dalley A.F., Agur A.M.R.. 2010. *Clinically Oriented Anatomy, Sixth Edition*. Lippincott Williams & Wilkins. Philadelphia, USA.

Nelson L.H.. 2004. *History of Basketball*. Kansas Heritage Group. <http://www.kansasheritage.org/people/naismith.html> (diakses 19 Desember 2012)

Osborne M.D., Rizzo Jr. T.D. 2003. *Prevention and Treatment of Ankle Sprain in Athletes*. *Sports Med*; 33(15): 1145-1150.

Parkkari J. and Kujala U.M. *Is it Possible to Prevent Sports Injuries?: Review of Controlled Clinical Trials and Recommendations for Future Work*. *Sports Medicine*. 2001; 31(14): 985-995.

- PhysioAdvisor.com. 2008. *Ankle Strengthening Exercises*. <http://www.physioadvisor.com.au/8115848/ankle-strengthening-exercises-ankle-rehabilitati.htm> (diakses 14 Januari 2014)
- Randazzo C., Nelson N.G., McKenzie L.B. 2010. *Basketball-Related Injuries in School-Aged Children and Adolescents in 1997–2007*. American Academy of Pediatrics; 126(4): 727-733
- Riyanto A. 2010. *Pengolahan dan Analisis Data Kesehatan*. Edisi ke-1. Nuha Medika. Yogyakarta.
- Sastroasmoro S., Ismael S. 2011. *Dasar-dasar Metodologi Klinis*. Edisi ke-4. Sagung Seto. Jakarta
- Sports Medicine Australia. 2010. *Ankle injury: A guide to prevention and management*. SMA, Australia, n.p.
- Stauduhar K.. 2012. *Ankle Injuries: Causes and Treatment*. <http://www.webmd.com/fitness-exercise/ankle-injuries-causes-and-treatments> (diakses 22 Desember 2012)
- Stevenson M.R. and Hamer P. *Sport, age, and sex specific incidence of sports injuries in Western Australia*. British Journal of Sports Medicine. 2000; 34(3): 188.
- Sunyoto, Danang. 2011. *Analisis Data untuk Penelitian Kesehatan: Analisis Data Penelitian dengan SPSS untuk Mahasiswa dan Praktisi Kesehatan*. Edisi ke-1. Nuha Medika. Yogyakarta.
- Van de Graaff K.M. 2001. *Human Anatomy, Sixth Edition*. The McGraw-Hill Companies. New York, USA.
- van Mechelen W., Hlobil H., Kemper H.C. 1992. *Incidence, severity, aetiology and prevention of sports injuries. A review of concepts*. Sports Med Auckland; 14: 82–99.
- Wahana Komputer. 2012. *Solusi Praktis dan Mudah Menguasai SPSS 20 untuk Pengolahan Data*. Andi Offset. Yogyakarta.
- Wolfe M.W., Uhl T.L., Mattacola C.G., McCluskey L.C.. 2001. *Management of Ankle Sprains*. *Am Fam Physician*; 63(1): 93-105
- Yip K.. 2012. *Sports Injuries of Knee*. *Singapore Orthopaedic Clinic*. <http://www.orthopaedicsurgeon.com.sg/sports-injuries-of-the-knee> (diakses 6 Januari 2013)