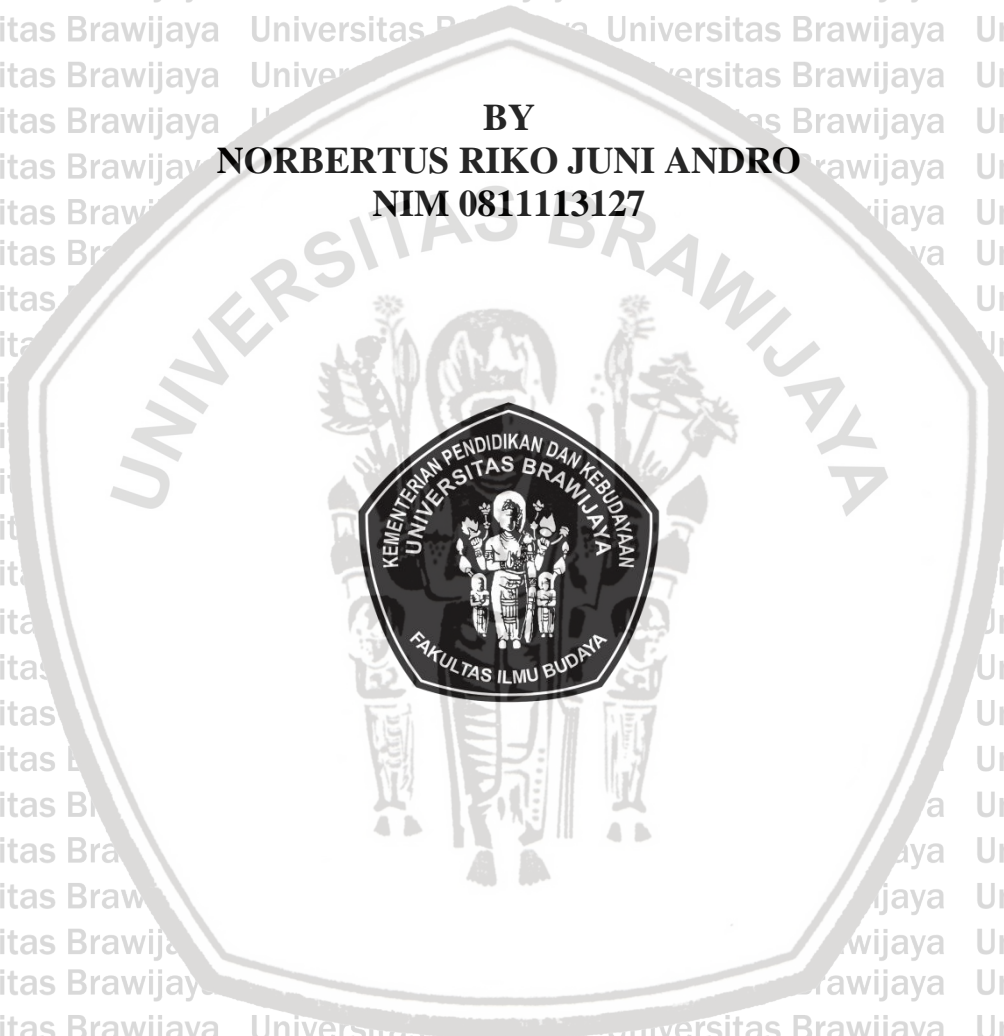


**FLORENTINO ARIZA'S LONELINESS WHICH  
LEADS INTO SELF-ACTUALIZATION  
IN LOVE IN THE TIME OF CHOLERA MOVIE**

**THESIS**

**BY  
NORBERTUS RIKO JUNI ANDRO  
NIM 0811113127**



**STUDY PROGRAM OF ENGLISH  
DEPARTMENT OF LANGUAGES AND LITERATURE  
FACULTY OF CULTURAL STUDIES  
UNIVERSITAS BRAWIJAYA  
2013**

**FLORENTINO ARIZA'S LONELINESS WHICH LEADS SELF ACTUALIZATION  
IN LOVE IN THE TIME OF CHOLERA MOVIE**

**THESIS**

Presented to  
**University of Brawijaya**  
in partial fulfilment of the requirements  
for the degree of *Sarjana Sastra*

BY  
**NORBERTUS RIKO JUNI ANDRO**  
NIM 0811113127

**STUDY PROGRAM OF ENGLISH  
DEPARTMENT OF LANGUAGES AND LITERATURE  
FACULTY OF CULTURAL STUDIES  
UNIVERSITAS BRAWIJAYA  
2013**

## DECLARATION OF AUTHORSHIP

Herewith I,

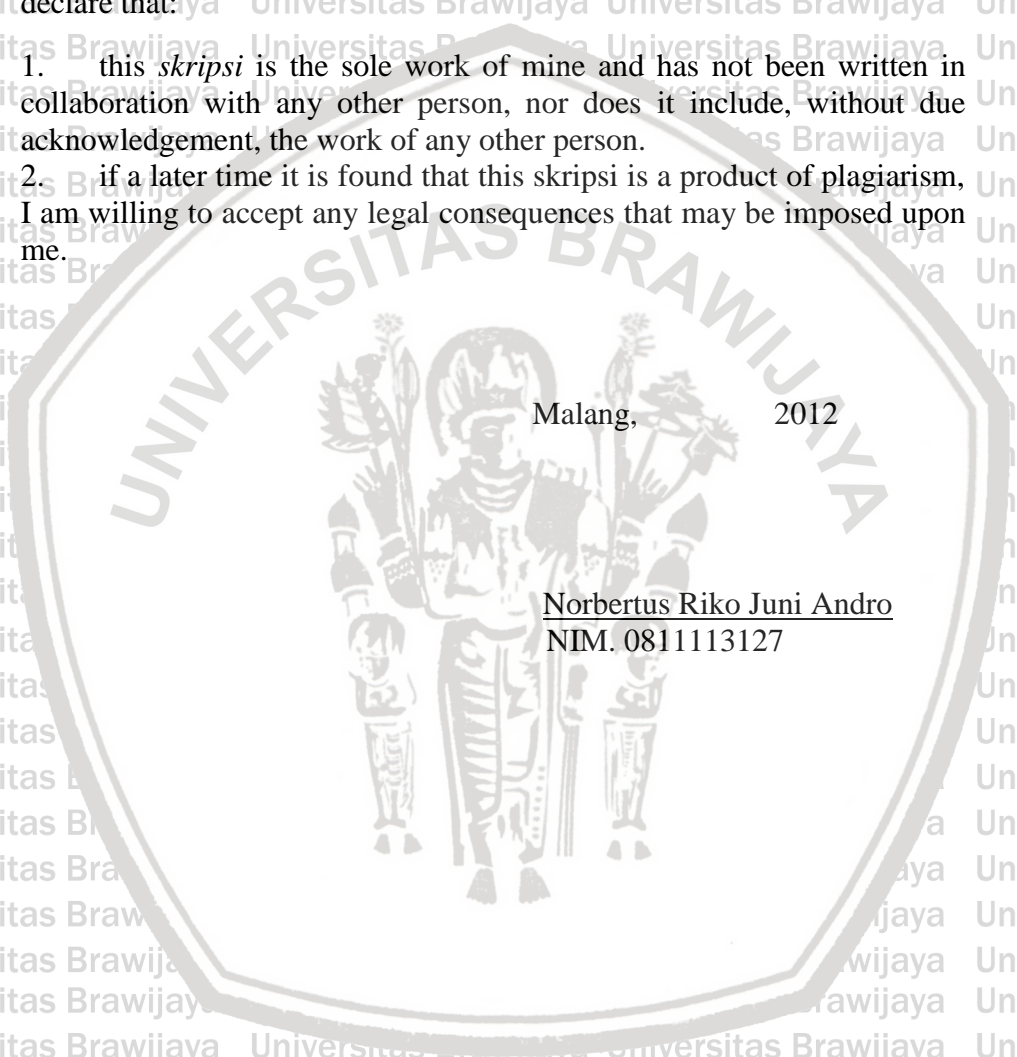
Name : Nobertus Riko Juni Andro  
NIM : 0811113127  
Address : Jalan Bendungan Bening no 62 Malang

declare that:

1. this *skripsi* is the sole work of mine and has not been written in collaboration with any other person, nor does it include, without due acknowledgement, the work of any other person.
2. if a later time it is found that this *skripsi* is a product of plagiarism, I am willing to accept any legal consequences that may be imposed upon me.

Malang, 2012

Nobertus Riko Juni Andro  
NIM. 0811113127



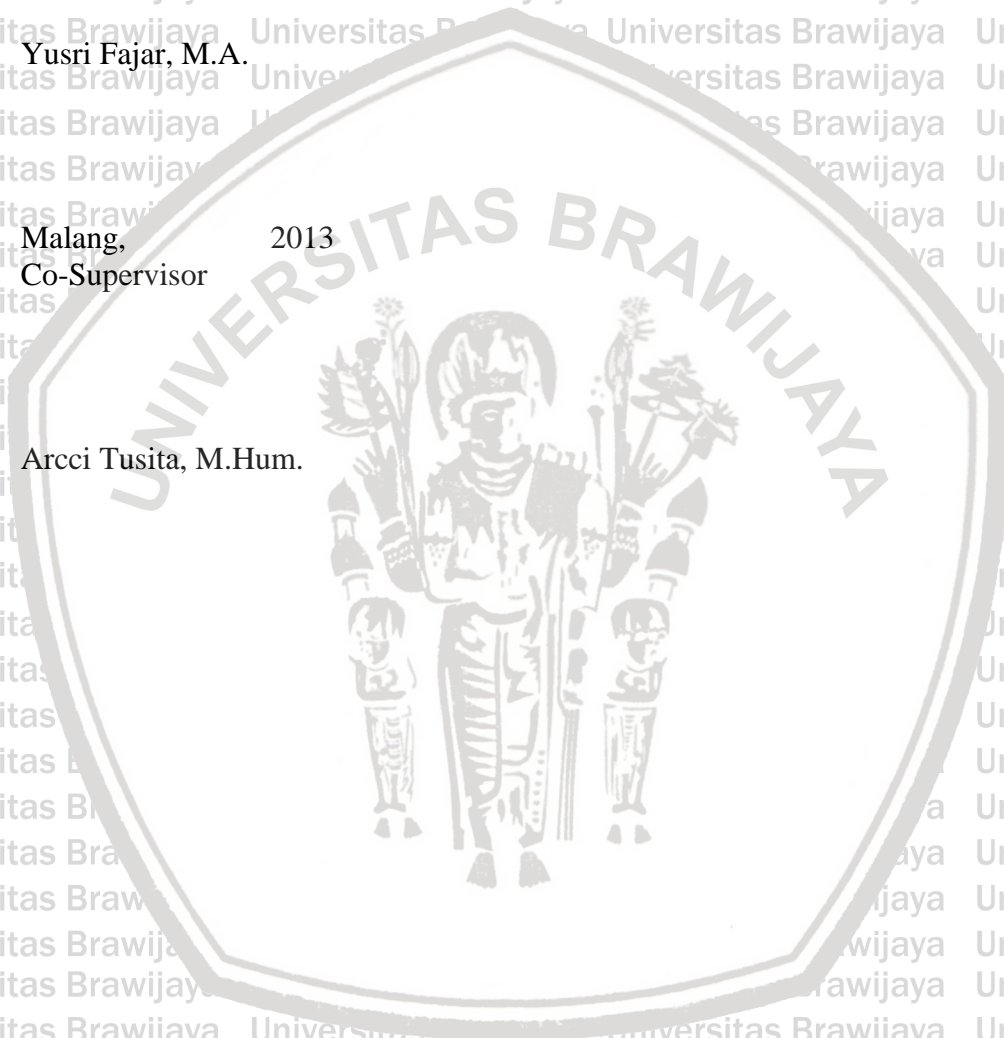
This is to certify that the *Sarjana* thesis of **Norbertus Riko Juni Andro** has been approved by The Board of Supervisors.

Malang, 2013  
Supervisor

Yusri Fajar, M.A.

Malang, 2013  
Co-Supervisor

Arcci Tusita, M.Hum.



This is to certify that the *Sarjana* thesis of **Norbertus Riko Juni Andro** has been approved by the Board of Examiners as one of the requirements for the degree of *Sarjana Sastra*

Andy Nurmansyah, M.Hum., Chair

Yusri Fajar, M. A., Member

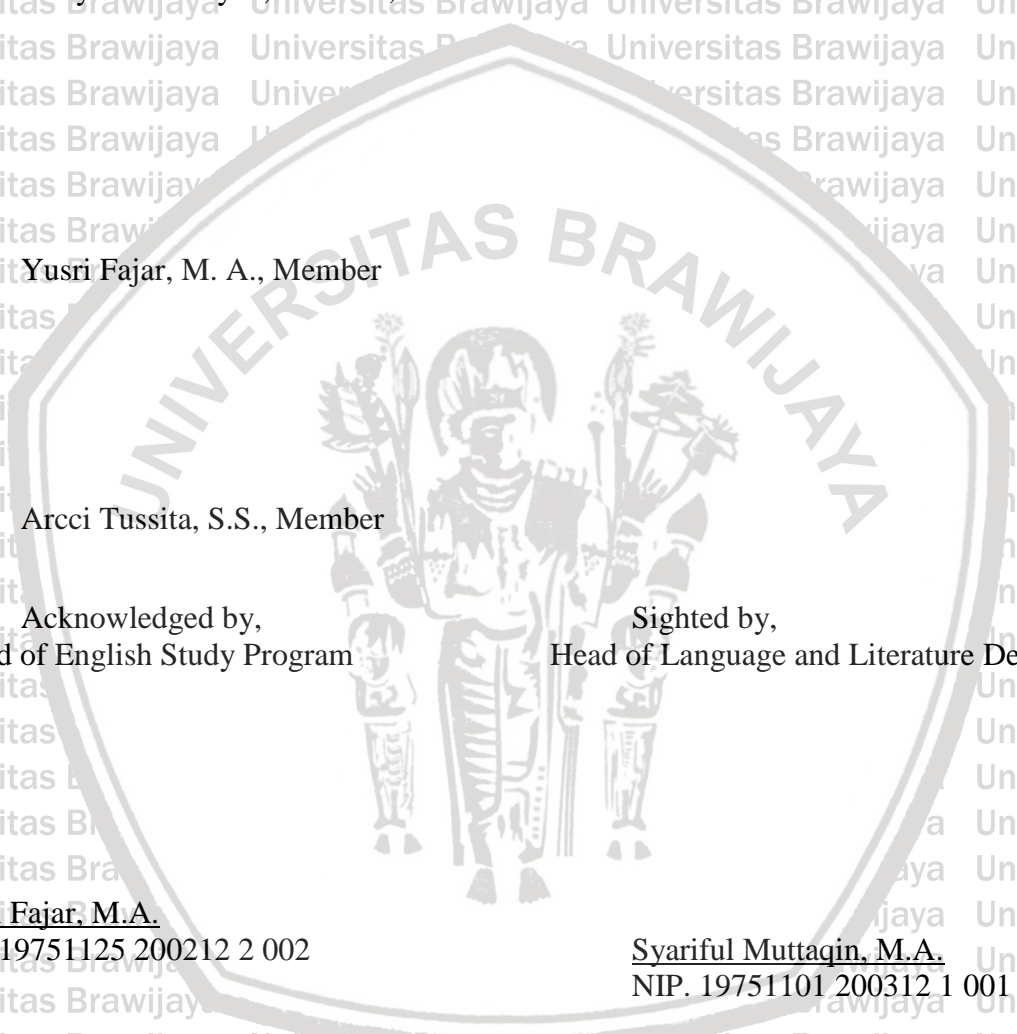
Arcci Tussita, S.S., Member

Acknowledged by,  
Head of English Study Program

Sighted by,  
Head of Language and Literature Department

Yusri Fajar, M.A.  
NIP. 19751125 200212 2 002

Syariful Muttagin, M.A.  
NIP. 19751101 200312 1 001



## ABSTRACT

Andro, Norbertus Riko Juni. 2013., **Florentino Ariza's Loneliness Which Leads Into Self-Actualization In Love In The Time Of Cholera Movie**. Study Program of English, University of Brawijaya. Supervisor: Yusri Fajar; Co-supervisor: Arcci Tusita

Keywords: loneliness, self actualization, love need

Loneliness is the condition when one lack of social relationship, particularly love or intimate relationship. The effect of loneliness can be varied. It must be painful but for some people it is the chance to deeply know about them so that they can achieve self actualization. *Love In The Time Of Cholera* is the film dealing mostly with loneliness issues. It tells about a man who is loyal to wait for his lover , Fermina Daza. In waiting his lover he suffers from loneliness yet he wants to be a respected man in society so that Fermina Daza will regard his presence as an honourable man.

This study employs qualitative research which uses Psychological Approach. The concepts used in exploring *Love in the Time of Cholera* Movie are Self-concept, Loneliness, and Existential Approach and combined with Self Actualization theory proposed by Abraham Maslow. The analysis of the movie is based on the script and picture in the movie. That is why; it is worth also to use *mise en scene* studies to strengthen the analysis.

This research reveals how Florentino Ariza can achieve his self actualization within his loneliness. The love pain in waiting for Fermina Daza really counts on Florentino Ariza's loneliness. Since he cannot bear on the pain, he gets rid of his loneliness by having sex with 622 women. Yet, he still feels lonely since his love need cannot be fulfilled. Actually, his sex habit only satisfies his physiological need which is the basic need in Maslow's hierarchy. Meanwhile, his loneliness which comes from his need of love will never be fulfilled if he cannot win Fermina's heart again because he also builds his self-concept to be an eternal love for Fermina Daza. However, motivated by his love to Fermina Daza, in his loneliness, he is successful to gain his self actualization. By being respectable man in society, after at least 50 years, he can win Fermina's heart. Thus, no matter how painful it is, Fermina Daza remains the main motivation in everything he does in life.

## ABSTRAK

Andro, Norbertus Riko Juni. 2013., **Florentino Ariza's Loneliness Which Leads Into Self-Actualization In Love In The Time Of Cholera Movie**. Program Studi Sastra Inggris, Universitas Brawijaya. Pembimbing I: Yusri Fajar; Pembimbing II: Arcci Tusita.

Kata kunci : kesepian, aktualisasi diri, kebutuhan cinta.

Kesepian adalah kondisi ketika seseorang mengalami gangguan hubungan sosial, terutama hubungan cinta. Pengaruh kesepian bervariasi. Pengaruh yang paling umum adalah rasa sakit atau terluka, tetapi bagi sebagian orang hal itu bahkan merupakan sebuah kesempatan untuk mengenal diri mereka sendiri sehingga mereka dapat mencapai aktualisasi diri. *Love in the time of Cholera* adalah film yang bercerita tentang isu kesepian. Film ini menceritakan tentang seorang pria yang setia menunggu kekasihnya, Fermina Daza. Dalam penantiannya dia sangat kesepian tetapi ia ingin menjadi seorang pria yang dihormati di masyarakat dengan tujuan agar Fermina Daza menganggap dirinya sebagai pria yang terhormat.

Penelitian ini menggunakan penelitian kualitatif yang menggunakan Pendekatan Psikologis. Konsep yang digunakan dalam mengeksplorasi *Love in the Time of Cholera* adalah *Self Concept, Loneliness, Existential Approach* dan dikombinasikan dengan teori *Self Actualization* yang diperkenalkan oleh Abraham Maslow. Analisis film didasarkan pada naskah dan gambar dalam film. Teori *mise en scene* juga digunakan untuk memperkuat analisis.

Penelitian ini mengungkapkan bagaimana Florentino Ariza mampu mencapai aktualisasi dirinya dalam rasa kesepiannya. Karena Florentino Ariza tidak tahan dengan rasa sakitnya akan Fermina Daza, ia mengobati rasa kesepiannya dengan melakukan hubungan seks dengan 622 wanita. Namun, ia tetap merasa kesepian sebab kebutuhan cintanya tidak dapat terpenuhi sebab kebiasaan seksnya hanya memenuhi kebutuhan fisiologisnya yang merupakan kebutuhan dasar dalam hierarki Maslow. Sementara itu kesepian yang berasal dari kebutuhannya cinta tidak akan pernah terpenuhi jika ia tidak dapat memiliki hati Fermina Daza lagi. Ia pun telah membangun konsep dirinya sebagai kekasih abadi bagi Fermina Daza. Namun, karena termotivasi oleh Fermina Daza, dalam rasa kesepiannya, ia berhasil mencapai aktualisasi dirinya yaitu dengan menjadi manusia terhormat yang dipandang oleh masyarakat. Setelah kurang lebih 50 tahun menanti, Florentino Ariza akhirnya mampu menaklukkan hati Fermina Daza. Dengan demikian, tidak peduli seberapa menyakitkannya hal itu, Fermina Daza tetap menjadi motivasi utama dalam segala hal yang telah dilakukan Florentino Ariza dalam hidupnya.

## ACKNOWLEDGEMENT

I am very grateful to God Almighty, Jesus Christ who always gives me strength in accomplishing this thesis. Without his bless, I will never be able to conduct this study.

My gratitude also goes to my supervisors, Yusri Fajar, M.A as the first supervisor and Arcci Tusita, M.Hum as the second supervisor, who give me advice, support and encouragement so that this study can be finished well.

Likewise, I want to thank the board of examiner who gives me comment and critic that it will improve my thesis.

I also want to say thank you to all my fellows, with whom I can share. I wish that our fellowship would never be replaced by any other thing in this world.

Last, my sincerest appreciation is granted to my parents for their endless love, prayer and financial support. I hope this work will be worth for everyone.

Malang, 12 July 2013

The writer



## TABLE OF CONTENTS

<b>TITLE PAGE</b> .....	i
<b>DECLARATION OF AUTHORSHIP</b> .....	ii
<b>SUPERVISOR'S APPROVAL</b> .....	iii
<b>BOARD OF EXAMINERS CERTIFICATE OF APPROVAL</b> .....	iv
<b>ABSTRACT</b> .....	v
<b>ABSTRAK</b> .....	vi
<b>ACKNOWLEDGEMENT</b> .....	vii
<b>TABLE OF CONTENT</b> .....	viii
<b>LIST OF FIGURES</b> .....	ix
<b>CHAPTER I INTRODUCTION</b>	
1.1 Background of the Study .....	1
1.2 Problem of the Study .....	5
1.3 Objective of the Study .....	5
<b>CHAPTER II REVIEW OF RELATED LITERATURE</b>	
2.1 Psychological Approach .....	6
2.1.1 Self Concept.....	6
2.1.1.1 Loneliness .....	8
2.1.1.2 Existential Approach.....	10
2.1.2 Self Actualization.....	11
2.2 Mise en Scene.....	13
2.2 Previous Study .....	14
2.3 Research Methods .....	14
2.4 Synopsis of <i>Love in The Time of Cholera</i> .....	16
<b>CHAPTER III FINDING AND DISCUSSION</b>	
3.1 Florentino Ariza's Loneliness .....	17
3.2 The transformation from loneliness to self actualization.....	31
3.2.1. Florentino Ariza's Self Actualization.....	38
<b>CHAPTER IV CONCLUSION AND SUGGESTION</b>	
4.1 Conclusion.....	46
4.2 Suggestion .....	48
<b>REFERENCES</b> .....	49
<b>APPENDIX</b> .....	

# CHAPTER I

## INTRODUCTION

### 1.1 Background of the study

Human are innately social creatures so that they need other human being to live with or accompany them and make them complete, otherwise they will feel lonely. However, feeling lonely is not the same with being alone. Thus, a person who is alone cannot be considered lonely. In other hand, a person who has many companions cannot be considered that he or she does not feel lonely. This condition is called loneliness and it is clearly described by Peplau and Perlman (1982, p.3) as “the distress that occurs when one’s social relationships are perceived as being less satisfying than what is desired”. Therefore, it is understandable that loneliness deals with the self satisfaction in social life.

Weiss (1973, p.9) said that loneliness is common problem and it is commonly experienced by British, European as well as American, but people in any hemisphere of the world can experience loneliness. Studies prove that 80% of those under 18 years of age and 40% of adults over 65 years of age report being lonely at least sometimes and then increasing in old age. The cause of loneliness can be varied, depending on the life of the person himself and how he builds his self concepts about the feeling of loneliness. From this, it is also obvious that loneliness is closely related to psychology since people feel lonely through the process of building self-concept. However, it can be separated from social relation

as it is described above. Loneliness must attach to the deficiency of social relation or social network.

While the cause of loneliness is varied, the effect must be varied also. The common effect of loneliness is usually unpleasant feeling. People who feel lonely tend to search an alternation or replacement since they attempt to escape from their emptiness, their lonesome feeling. For instance, in America, a man who is recently divorced must feel lonely and buried himself into alcoholism to forget his lonesome or emptiness feeling. Therefore, alcoholism is the way of escaping lonesome feeling. Because alcoholism tend to make people trapped in drunk situation, it means that they lost their quality as human being such always coming late to the office or cannot work well due to drunkenness. Thus, the conclusion is in this kind of condition, the effect of loneliness is as self-deterioration.

However, some theorists of Psychology like Jong Grieveld (1998, p.1) said that there is also a positive loneliness. People who feel lonely tend to replace their lonesome feeling with working hard or expressing themselves in the work of literature such as poetry or even stay close to God. It can be said that they bury themselves in a positive manner. People who express their lonely feeling in a positive manner will likely to improve their inner quality of life. For instance, a woman who recently lost her spouse, who buries herself in working hard or expressing herself in literary works, will get her self-improvement or even self actualization since she uses her problem creatively to gain more quality in life.

Self-actualization itself is the fulfillment of needs which is proposed by Abraham Maslow. Maslow (1954, p.23) defines Self Actualization as the attempt of person to be continually motivated by one or more need and that people have the potential to grow toward psychological health. The connection with loneliness is that the lack of social relationship or attachment is attempted to be fulfilled through the process of alternation. Moreover, the process of alternation, this need may be completed and can grow to the highest need in Maslow's hierarchy of needs. Meanwhile, the motives of someone in fighting against loneliness vary, but the common motives are to avoid pain and unpleasant feeling since loneliness must bring about these two things.

It is perhaps common phenomenon; this phenomenon, for example, is described in one of famous movies entitled *Love in the Time of Cholera*. It is considered a non-traditional love story as lovers find love in their 'golden years' in their seventies when death due to civil war and illness is all around them. *Love in the Time of Cholera* is actually a novel written by Gabriel Garcia Marquez. The love affair of García Márquez's parents becomes an original idea of his work.

Garcia is a Colombian famous writer who received noble Prize of Literature in 1982. The movie itself tells about the young love of Fermina Daza and Florentino Ariza. Florentino, the main character, is a man who waits his love until fifty years.

Within fifty years, he often changes a spouse since he attempts to fulfill his need of social relation, particularly with a romantic partner. However, in the pursuit of his true love, he succeeded to be a rich and honorable man. Other works of

Marquez is 'One Hundred Years of Solitude' which told about the story chronicles several generations of the Buendía family from the time they founded the fictional South American village of Macondo, through their trials and tribulations, instances of incest, births and deaths.

*Love in the Time of Cholera* novel was first published in Spain in 1985.

Meanwhile, this study uses the other version, *The Movie*, which was released in 2007 and directed by Mike Newell. The writer decides to analyze the movie because it shows a vivid description of the storyline and has clear pictures and scenes. The consideration of choosing the movie is the audio-visualization that is offered to the audience. It means that the movie deliver motion pictures which depict the clear setting of time, place and atmosphere. Consequently, the audiences can absorb it without interpretation. It shows that the audience can feel the circumstances which are described by Marquez such as the condition in the civil war and cholera plague. Besides, it contains uniqueness which is shown in the storyline such as why love can be compared with cholera illness, and how Ariza deals with his loneliness while waiting his true love.

Because the movie mostly talks about how Florentino Ariza, the main character, fights against loneliness while waiting his true love, the writer will also focus on analyzing the loneliness issues. It becomes more interesting since this issue is connected to self actualization which is achieved by the main character.

What makes it interesting is that the main character can achieve the highest need (self actualization) within his loneliness. It indicates that lonesome feeling even becomes the booster to actualize himself. It is contradictive with common

phenomenon that people who are lonely tends to feel depressed and stressed so that the highest need itself is difficult to be achieved. That is why this study will be entitled Florentino Ariza's loneliness which leads into Self Actualization in *Love in the Time of Cholera* Movie.

The study is important since it reveals how lonesome feeling can be transformed into positive manner and can lead into self actualization. The writer hopes that this work can be applied to solve loneliness problem which might be happened in the society.

## **1.2 Problem of the study**

Regarding that the main character deals with loneliness and self actualization, then the research question will be:

How does Florentino Ariza's loneliness lead into Self actualization

## **1.3 Objective of the study**

The objective of the study is of course to figure out how Florentino Ariza's loneliness leads into self actualization.

## CHAPTER II

### REVIEW OF RELATED LITERATURE AND RESERACH METHODS

#### 2.1 Psychological Approach

Since the writer focuses on the issue of loneliness and self actualization, the writer will use Psychological approach as a grounding theory since psychology deals with human behaviour. This approach is often called as Psychoanalysis proposed by Sigmund Freud. Freud said that belief or theory about human psychological motivations can be applied directly in analyzing authors or characters in literature. Since loneliness and Self Actualization deal with human behaviour and psychology, it will be appropriate to apply Psychological Approach.

Moreover, social psychology theory can be regarded also since the writer uses Maslow's self actualization theory. Social psychology is a sub field of both Psychology and sociology which is concerned with the ways in which an individual's thought, feeling, and behaviour are affected by the existence of others by social interaction by groups, relationships.

##### 2.1.1 Self-Concept

Brewer and Gardner's self-concept theory is a model for understanding the different ways in which individuals define their sense of self within a social context. This theory distinguishes among the intrapersonal self, the interpersonal

self, and the collective self and their roles in determining self-perception (Brewer & Gardner, 1996). The intrapersonal self can be described as the "differentiated, individuated self-concept most characteristic of the studies of self in Western psychology" (Brewer & Gardner, 1996, p.84). For example, one expression of intrapersonal self-concept is the identification of personal traits. Another example is when a person feels gorgeous although she/he is handicapped, it is her/him who defines herself/himself as gorgeous. It means that she/he builds self concept as being gorgeous. If only for example, she/he feels incapable, it is also she/he who build her/his self concept as incapable.

The labelling of oneself as being more studious relative to their peers would be an example of distinguishing the self. The interpersonal self is determined from intimate connections with significant others. For instance, these connections may include close family members, romantic partners, and intimate friends. Saying that someone is in a happy marriage describes an interpersonal relationship. The collective self is described as 'individuals' categorization of themselves within a larger social framework. For example, describing oneself as a college student would result in a framework of college student life and the identities that would be associated.

Loneliness, in this case can be regarded as self-concept. People feel lonely because they define themselves as lonely being.



### 2.1.1.1 Loneliness

The oldest publication about loneliness is *Über die Einsamkeit* which is proposed by Zimmerman in 1785-1786 in Germany. Then recent efforts were begun in the 1950s with the publication of "Loneliness" by Fromm Reichman. In 1981, Perlman and Peplau had done various studies about loneliness in more empirical way. They define loneliness as "the unpleasant feeling that occur when a person of social relations is deficient in some important way either quantitatively or qualitatively (Perlman & Peplau, 1981, p.31). Other definition of loneliness which is frequently used in European countries is defined as follows :

Loneliness is a situation experienced by the individual as one where there is an unpleasant or inadmissible lack of (quality of) certain relationship. This includes situation, in which the number of existing relationships is smaller than is considered desirable or admissible, as well as situations where the intimacy one wishes for has not been realized (De Jong Greveld, 1987, p.120)

From the two passages above, it can be pointed out that the core issue of loneliness is a subjective and negative experience and the outcome of a cognitive evaluation of the match between the quantity and quality of existing relationship and relationship standards. The opposite of loneliness is belongingness or embeddedness.

Loneliness can be classified into several types according to its situations, cause and effect but in general loneliness is divided into two, positive loneliness and negative loneliness. The positive loneliness is related to situations such as the voluntary withdrawal from the daily hassle of life and is oriented toward higher goals: reflection, meditation and communication with God. For recent phenomena, this kind of loneliness is more frequently related to by a separate

concept: Privacy. Gierveld (1985, p.486) said that privacy is done voluntarily and is considered as freely chosen situation of the absence of contacts with other people. Meanwhile, the negative type of loneliness is related to an unpleasant or inadmissible lack of personal and contacts with important others.

Another scholar named Weiss divides loneliness as emotional loneliness and social loneliness. Emotional loneliness is defined as stemming from the absence of an intimate figure or a close emotional attachment such as partner and best friends. Social loneliness is defined as stemming from the absence of a broader group of contacts or an engaging in social network (friends, colleagues, and people in the neighbourhood). Widowhood and divorce can be the cause of the rise of emotional loneliness. This rise is indicated by intense feeling of emptiness, abandonment, and forlornness. This loneliness only can be solved by starting a new intimate relationship since social support or the presence of family and friends cannot compensate the loss of attachment figure.

There are eight approaches in seeing Loneliness. They are psychodynamic models, phenomenological perspective, existential approach, sociological explanations, integrationist view, cognitive approach, privacy approach and general systems theory. Since the focus of this study is loneliness which is lead into self actualization, the writer will only describe about existential approach due to its relation to creativity which will be the core issue of self actualization.

The writer uses theory of loneliness to detect Florentino Ariza's behaviour which is assembled with lonely behaviour. Moreover, it will be applied to find the cause and the effect of his loneliness.

### 2.1.1.2 Existential Approach

This approach is developed by Existentialist scholars. They always believe that human are ultimately created alone. It means that there is no person other than ourselves that can feel or experience what we have ever felt or experienced as well. It can be said that separateness is an essential condition of our existence.

This is really contradictory with the assertion that human is a social creature that cannot live alone without the existence or the presence of other human being.

Regarding that this perspective emphasizes on the existence of human being, it can be concluded that this approach mainly talks about how people can live with their loneliness.

This approach is proposed by Moustakas who distinguishes two kinds of loneliness. These two kinds of loneliness are Anxiety Loneliness and True Loneliness. It is important to distinguish between these two because the cause and effect of each is very different. "Loneliness anxiety is a system of defense mechanism that distract people from dealing with crucial life questions and motivates them constantly to seek activity with others" (Perlman & Peplau, p.126, 1985). "True Loneliness stems from the reality of being alone and of facing life's ultimate experiences such as birth, death change, tragedy) alone. From Moustakas' viewpoint, true loneliness can be a creative force" (Perlman & Peplau, p 126, 1985)

Moustakas (1972, p.20-21) defines True Loneliness as the following :

Every real experiences of loneliness involves a confrontation or an encounter with oneself. The encounter is joyous experience. Both the encounter and the confrontation are ways of advancing

life and coming alive in a relatively stagnant world; they are ways breaking out of uniform cycles of behavior.

From the passage above, it can be inferred that this kind of loneliness even encourage people who undergone it to be able to overcome their fear of loneliness and learn to use loneliness in a positive way. Therefore, it is clear that true loneliness is the opposite of Anxiety Loneliness since Anxiety Loneliness is the loneliness which makes people look for activities to avoid the lonely feeling.

Unlike the other scholars of loneliness, Moustakas emphasizes loneliness as the booster of increasing the experience of existence. It means that he regards loneliness in a very positive way. He must not deny that loneliness is painful but it is also a creative condition. He does not search the causal roots from which loneliness come in usual way, like other scholars.

Thus, the writer will use this approach to observe the transformation of loneliness to self actualization undergone by Florentino Ariza. The data will be of course taken from the *Love in The Time of Cholera Movie*. It is also expected to help the writer to explain a relationship between Loneliness and Self Actualization.

### **2.1.2 Self Actualization (Hollistic Dynamic Theory)**

Hollistic Dynamic Theory is proposed by Abraham Maslow. It assumes that the whole person is continually being motivated by one need or another and that people have the potential to grow toward psychological health, that is, self actualization. To gain self actualization, people must fulfil lower level needs such

as hunger, safety, love, and esteem. After they fulfill each of these needs, they just can reach self-actualization.

Maslow regards motivation as complex things. It means that a person's behavior may spring from several separate motives. People are continually motivated by one need or another. When one need is fulfilled, it ordinarily loses its motivational power and is then replaced by another need. For example, when a person has to meet his need for sleeping, after he fulfils this need, he tries to fulfill another need such as need for food, safety or even love.

All people everywhere are motivated to fulfill the basic needs. The manner in which people of different cultures obtain food, build shelters, friendship, etc may vary widely, but the fundamental needs for food, safety, and friendship are common to the entire species. Need can be arranged on a hierarchy. This hierarchy is depicted as a pyramid which is divided into five parts. For Maslow, the lower level needs of the hierarchy of needs must be fulfilled before the higher level needs to become motivators.

The five needs are what are referred to as conative needs, meaning that they have a motivational character. Lower level needs are prepotent over higher level needs, meaning that they have to be met first. This is the five divisions of needs in Maslow's hierarchy. Physiological Needs, Safety Needs in which without being met, can lead to basic anxiety, Love & Belongingness Needs First, Esteem Needs and Self Actualization Needs.

Self-actualization Needs is the highest need which according to Maslow can be fulfilled when the other four is chronologically fulfilled. Self-actualized people

13  
have unique characteristics such as acceptance of self, others, and nature has spontaneity, simplicity, and naturalness, has philosophical sense of humor and is creative. Maslow (1943, p. 34) also said that self-actualized person allows individual to have a deeper, more profound sense of love and sex.

Self Actualization Theory is expected to find out what kind of Self Actualization which Florentino Ariza experiences, including the process of gaining it. It is meant that the writer will apply Maslow hierarchy of needs in Florentino Ariza's case. The application of Maslow's hierarchy of needs will be based on his behavior in fulfilling his needs.

## 2.2. *Mise en scène*

According to Lathrop & Sutton (2005, p.1), *Mise-en-scène* is a French term meaning "putting on the stage". Therefore, it refers to all the visual elements of a theatrical production within the space provided by the stage itself. Film makers borrowed this term and extended the meaning to suggest the control of the director to the visual elements of a film so that it will build a special impression which can support the story of a film. There are basically four aspects of *mise-en-scène*. They are setting, costume, lighting and framing. Setting deals with all the viewers see, including time and place. Costume deals with the dressing or the clothing of the characters in the movie. Lighting deals with the control of light in the shot of the each scene. And framing deals with how the director takes a shot to describe some important aspect of the movie. Using these elements, the film director provides his audience with vivid picture or scenes. The elements of *mise*

14  
*en scène* will also be used to help the analysis of the pictures taken from the *Love in the Time of Cholera* Movie.

### 2.3 Previous Study

The previous research that is used by the writer, applies a study of self actualization in *The Devils Wears Prada* Movie. In this research, Hapsari Dian Sylvatri tries to find the motivation of the main character to accomplish self actualization. The title of the research is *Self Actualization of Andrea Sachs in the Devil Wears Prada Movie*.

This previous study definitely enriches the writer's knowledge in using Self actualization theory to analyze *Love in the Time of Cholera* Movie as the writer's thesis object material. However, the writer will combine Loneliness Theory and Self Actualization Theory as a grounding theory to find out the answer of the research problem.

### 2.4 Research Methods

This qualitative research uses Psychological Approach concerning three concepts as the main theoretical framework to uncover the object of the study.

Those concepts are Loneliness and Self Actualization. The writer also uses the branch of approach of Loneliness theory named Existential Loneliness. To uncover the problem of the study, the writer will combine Existential Loneliness and Self Actualization since these two are closely related in the case of the use of creativity. Each has a particular role in finding the formal object of the study

15  
which reveals the loneliness undergone by Florentino Ariza in *Love in the Time of Cholera*.

Moreover, the discovery of evidences which support the writer's interpretation related to the loneliness problem and its transformation to self actualization will surely be taken from *Love in the Time Cholera Movie* as the material object of the study. Data identification and analysis will involve two concepts which have been explained above.

First of all, the writer will use Loneliness theory to inspect parts of the novel which are related to the main character's loneliness. It will also be used to explain the relationship between Florentino Ariza and his long lasting lover, Fermina Daza. This correlation will show how Ariza undergoes his loneliness in waiting his lover. From this correlation, the writer will find out the cause and effect of his loneliness.

After finding the cause and effect of Florentino Ariza's loneliness, the writer will continue to use the sub approach of loneliness namely Existential Loneliness to become the bridge between Loneliness and Self Actualization. In the end, Self Actualization proposed by Abraham Maslow will be utilized to find out how Florentino Ariza can be a successful person who eventually can win Fermina's heart. Thus, any scenes and dialogs in the movie which are related to this issue will also be employed to strengthen the writer's analysis.



## 2.5 Synopsis of *Love in the Time of Cholera*

Since first time Ariza met Florentina, he knows that his heart just for her.

However, when Florentina's father, Fernandez, knows that his daughter falls in

love with a young postman, he cannot accept their romance any further. Both

Fermina and his father back to their hometown. Ariza is so sad but he still waits

her back. To erase his loneliness and sadness, his mother asks his uncle to get him

a job far from his hometown. However, in the way to his workplace, accidentally,

Ariza is no longer virgin. He breaks his promise but in other side he feels his pain

gone when he fulfills his sex need. Deep down in his heart he still loves Fermina.

Ariza feels great pain when he knows that Florentina has been married Dr

Juvenal Urbino and have already pregnant. Then, he decided to tell his uncle that

he wants to be rich like him. His loneliness moves him to do the best he could to

be someone in society so a great lady, Fermina, can love him. He will wait her

until her husband died. In the end of the story, they voyage by ship with cholera

flag on it so that they can live together ever after without any disturbance

anymore.

## CHAPTER III

### FINDING AND DISCUSSION

#### 3.1 Florentino Ariza's loneliness

Loneliness as defined by Perlman and Peplau is "the unpleasant feeling that occur when a person of social relations is deficient in some important way either quantitatively or qualitatively (Perlman & Peplau, 1981, p.31). Thus, a person who undergoes loneliness is the people who need more social relationship.

Florentino Ariza is one of those people. His loneliness might be from something he does not have in life or actually he desires something which he cannot complete or fulfill.

After watching the movie closely, the writer classifies the cause of Florentino Ariza's loneliness into these three things: unrequited love, the death of Florentino Ariza's mother and the willingness to win Fermina's heart again. Each of them will be explained in detail as follows.

The unrequited love is the first reason of Florentino Ariza's loneliness since it is the main cause why Florentino always feels sad and lonely. Florentino deeply loves Fermina and wants to marry her. Unfortunately, she has married to Dr. Juvenal Urbino who is rich, bright, well-known and honoured by the society due to his contribution in healing people from cholera, in saving the city from cholera.

Florentino is only a telegraph operator whom no one knows. Here is the example

of how people respect Dr. Juvenal Urbino very much. “We would still have cholera if it had not been for him (00:03:42)” This sentence is uttered when Dr. Juvenal Urbino passed away. Many people come to his house to say condolences.

From this sentence, it can be inferred that Dr. Juvenal Urbino has been honored by the society. Besides, Dr. Juvenal Urbino is a great man since when he was dead, the sound of the church bell seems symbolize that the dead man is a great man who has the equal social status or position to governor, whereas we know that Dr. Juvenal Urbino is a doctor, not a governor, but he is respected because he could heal people who suffers from cholera. Moreover, he contributes his life to get rid of cholera’s illness which was very dangerous.

Meanwhile, Florentino Ariza is only a telegraph operator whose mother is a widow. They are unknown men who lived in a rent, almost crumbled house. The father of Fermina decides to marry her to Dr. Juvenal Urbino due to his wealth and high social status so that the life of Fermina will be happy. Fermina, eventually agrees since she thinks that her love to Florentino Ariza is only an illusion. Besides, marrying Dr. Juvenal Urbino will make her life prosperous and stable. While Fermina is living in her marriage with Dr. Juvenal Urbino, Florentino Ariza keeps wait for her although he is in a deep sadness and loneliness.

Some scenes in the movies show how Florentino Ariza and Dr. Juvenal Urbino might differ. People can easily evaluate each social status by the way they dress. Here are those scenes which can depict the way each of them dresses.



Figure 3.1 The way Dr. Juvenal Urbino dresses

( Source: *Love in the Time of Cholera* , 2007, minute 00:39:13)

Each scene must depict the importance of some element of *mise en scène*.

Here is the first element of *mise en scene* which can describe the social status of the characters. The above scene shows that Dr. Juvenal Urbino always wears a white or black suit when seeing Fermina. There is always a classic, special hat which is always worn by the wealth to show their social status. By his way of dressing, Dr. Juvenal Urbino looks very neat, handsome, educated and rich.

Fermina's father assesses those criteria and decides that Dr. Juvenal Urbino must be a good husband for his daughter.



Figure 3.2 The way Florentino Ariza dresses

(Source : *Love in the Time of Cholera*, 2007, minute 00:40:01)

On the other hand, the way Florentino Ariza dresses is opposite to that of Dr. Juvenal Urbino. Florentino Ariza never wears a suit with its special hat. He only wears a white shirt and a black vest. People will understand easily that he comes from a low class society who does not have an apt job. From the way he dresses; it can be figured out that he is not in the same level of Dr. Juvenal Urbino, particularly in education, wealth and knowledge. His appearance could possibly be the one of many assessments why Fermina's father separates his daughter from him. Yet, the main reason of Fermina Daza and Dr. Juvenal Urbino's marriage is about prosperity and pride. Being left by Fermina Daza due to this reason, Florentino Ariza's love and hope to marry Fermina is destroyed. His abundant love becomes unrequited. This unrequited love makes him disappointed. He never finds a woman with a figure like Fermina. His

disappointment is the trigger of his loneliness. This disappointment is called separation distress which is defined as the absence of attachment figure and results painful and unpleasant feeling (Weiss, 1989, p. 87). Nevertheless, his fidelity and willingness to keep waiting for Fermina is the most important factor that can count on his loneliness.

The second reason of Florentino Ariza's loneliness is the death of his mother. It is told that his mother named Transito Ariza turns insane since Florentino Ariza's sex habit reminds her of his dead Father, Pius, who actually never admits Transito and Florentino Ariza as his wife and son. To speak the truth, Florentino Ariza is the illegitimate child and his mother was never his legitimized wife. His father has the same habit like Florentino Ariza, which was sleeping with any women he saw. His mother is depressed to know that his son, Florentino Ariza day by day is getting more similar to his father. The chronic depression drives her into insanity and even death. Regrettably, the death of Transito Ariza is preceded by the death of Olimpia Zuleta who becomes Florentino Ariza's sex partner. Florentino has fallen in love with her but their affair is recognized by Olimpia Zuleta's jealous husband who eventually kills his own wife.



Figure 3.3. Florentino respected his dead mother

(Source : *Love in the Time of Cholera*, 2007, minute 01:17:34)

This scene describes when Florentino Ariza respected his dead mother in her graveyard. By giving a bunch of rose, he expresses his love to his mother. His mimic illustrates his deep sadness of simultaneously losing his mother and his love partner, Olympia Zuleta. The director of this movie uses “close up shot” in this scene to depict closely the feeling of Florentino Ariza. Close up frame is revealing head and shoulder of human figure in central focus of frame (Gail & Sutton, 2002, p.7). From this picture, it can be claimed once more that Florentino Ariza face expression shows that he is sad.

Indeed, Florentino Ariza in this stage experiences a more chronic separation distress which is caused by the death of a loved one. Weiss (1989, p.72) also explicates that loneliness in adults can occur due to the death of close people we attach to. In other words, when Florentino Ariza has fallen in love

again with Olimpia Zuleta, he must be happy and spiritual but then it is dramatically changed into deep sadness due to her death. In addition, while he is being left and dismayed by Olimpia Zuleta's death, in the same time, he is also saddened by his mother's death. Some scholars of loneliness, like Weiss, Perlman and Peuplau said that the change of household composition can increase the level of loneliness. In this case, Florentino Ariza is never separated from his mother in his entire lifetime, they share all of things including being sad and being happy together, but when the mother passed away, he lives alone in the house. Thus, it must affect the severity of his loneliness.



Figure 3.4 Florentino Ariza feels lonely

(Source : *Love in the Time of Cholera*, 2007, minute 00:51:32)

This scene seems to represent how lonely Florentino Ariza is. The setting of the above scene shows that there is no other person, other than Florentino Ariza and he seems to look at something which is very far, his mimic and face



expression explicates that there is a great emptiness in his soul due to his longing of Fermina Daza.

It is told that Florentino Ariza will go and work in Veilla de Leyva which is very far away from where he lives. People often said that a long journey can get over a broken heart, yet Florentino Ariza's love pain cannot be healed. Wherever he goes, he always thinks of Fermina Daza. The question is proposed why then Florentino Ariza's love pain cannot be healed. It has been deciphered that there is an intention from Florentino Ariza himself that he will wait for Fermina forever.

This intention or willingness becomes the third reason and the most influential aspect that count on his loneliness.

In his entire lifetime, Florentino Ariza always says that he will wait for Fermina although it is painful. He will wait until his husband died. His willingness overwhelms Florentino Ariza since he is always lack of romantic relationship with intimate partner. Indeed, he makes relationship and has sex with hundreds of women but his relationship standard hinders him to get over from his loneliness, the pain in wanting and waiting for Fermina Daza. What is meant by relationship standard is the hope of Florentino Ariza to marry Fermina Daza. Because the standard he makes cannot be fulfilled, his loneliness stays the same from day to day.

Additionally, this willingness builds his self-concept which is to love Fermina that unconsciously makes him feel lonely. Self concept, according to Epstein (1973, p.4) is described as follows.

The self-concept has at least two basic functions. First, it organizes the data of experience, particularly experience involving social interaction, into predictable sequences of action and reaction. Second, the self-concept facilitates attempts to fulfill needs while avoiding disapproval and anxiety.

From this explanation, it can be concluded that self concept stems from the experience and drives the one who undergoes it to fulfill the lack of need regardless the obstacle which might be faced. In this case, it is clear that

Florentino Ariza's experience of loss and love pain builds his self concept that he always feels lonely. Yet his loneliness which is his self concept too drives him to fulfil his love need. That is why, he intends to wait for Fermina until his love need is fulfilled.

These are some evidence describing his intention in waiting for Fermina. "I will keep watch for all of eternity. I will keep watch until I die if need be. I stand vigil for her beside the lighthouse. My heart is like the sea endless and everlasting, even while it is as turbulent as the crashing waves" (00:31:30). This utterance from Florentino Ariza seems to compare his heart with ocean. It means that his heart in waiting for Fermina as vast as an ocean. That statement will be strengthened by the following scene.



Figure 3.5 The crashing waves depicting Florentino's feeling

(Source : *Love in the Time of Cholera*, 2007, minute 00:31:29)

This scene depicts the vast ocean in windy night with the tidy waves. Ocean is like a symbolization of the situation in Florentino Ariza's heart or feeling. It is empty and lonely and the emptiness seems to kill him slowly since there are many obstacles to win Fermina's heart again. It affirms that the scene of crashing waves is similar with the obstacles which Florentino Ariza has to face in waiting Fermina. Besides, its dark lighting represents how miserable and somber the feeling of Florentino Ariza.

There are also some statements in the movie describing how Florentino Ariza struggles to love Fermina Daza. "Fermina, I have waited for this opportunity for fifty years, nine months and eleven days. That is how long I have loved you, from the first moment I cast eyes on you until now. I repeat to you once again my vow of eternal fidelity and everlasting love" (01:4:44). It is said after fifty years, nine months, and strengthen the writer's analysis that the

cause of Ariza's loneliness. It is the fact that Ariza always hope for Fermina's love. His love for Fermina can't be removed or substituted by any other's love. It proves the theory of loneliness that "Love of intimate partner cannot be replaced by even a close member of family or friend. It just can be made if there is a new intimate relationship" (Perlman and Peuplau, 1986, p.124). That's why Ariza always makes a relationship and has sex with many women to lessen his feeling of loneliness.

His loneliness actually also comes from himself. It can be concluded by reading closely the following statement. "And, Mama, I have discovered the reason for my existence. There is no greater glory than to die for love. I counted the eternal minutes one by one as I waited for her return. My destiny in life is to love Fermina" (00:10:23-00:10:35). These sentences describe how Florentino Ariza perceives himself as the eternal love for Fermina. It means that he builds the constellation of his existence as human being to love for Fermina and no matter how hard it will be, he will always wait and love Fermina.

Since there are many types of loneliness, the writer will also classify and describe the loneliness which is undergone by Florentino Ariza. A psychology scholar named Weiss divides loneliness as emotional loneliness and social loneliness (de Jong Gierveld, 1998, p. 82). Emotional loneliness is defined as stemming from the absence of an intimate figure or a close emotional attachment such as partner and best friends. Social loneliness is defined as stemming from the absence of a broader group of contacts or an engaging in social network (friends,

colleagues, and people in the neighbourhood). Widowhood and divorce can be the cause of the rise of emotional loneliness. This rise is indicated by intense feeling of emptiness, abandonment, and forlornness. This loneliness only can be solved by starting a new intimate relationship since social support or the presence of family and friends cannot compensate the loss of attachment figure.

From the explanation which is also described in the previous chapter, the writer can draw a conclusion that Florentino Ariza undergoes what is called by emotional loneliness because he is obviously known to be left by Fermina Daza, a woman whom he loves very much, an intimate partner. The existence of Fermina Daza cannot be replaced by someone else. It is known from Florentino Ariza's abundant relationships with 622 women. He might feel truly in love with one or two or three of those women but it still cannot substitute the meaning of Fermina Daza's presence in his life. Moreover, Florentino Ariza's willingness to wait for Fermina Daza, as it is explained before, increases the power of emotional loneliness. The only problem he faces is the lack of belongingness. It means that he always feels to have Fermina Daza as his lover. On the other hand, Fermina Daza is the lady of another man. It can be assumed that Florentino Ariza also undergoes social loneliness since he never belongs to a social group of people.

The finding of his social loneliness can be strengthened by quoting his monologue "Ricardo the lighthouse keeper is my only friend". The phrase 'my only friends' indicates that he does not have any friends other than Ricardo. From that monologue, it can be understood that Florentino Ariza experiences double

loneliness which are emotional and social loneliness. However, emotional loneliness is the major problem or become the domination. Meanwhile, his social loneliness is something which intensifies his emotional loneliness.

From this conclusion, the analysis can be extended by regarding loneliness from existential approach. Existential approach, as explained in the previous chapter, is one of psychological approach in seeing loneliness which is developed by Existentialist scholars. They always believe that human are ultimately created alone. It means that there is no person other than ourselves that can feel or experience what we have ever felt or experienced as well.



Figure 3.6 Florentino Ariza waits Fermina Daza in the edge of the ocean

(Source : *Love in the Time of Cholera*, 2007, minute 00:31:37)

The above scene is taken when Florentino Ariza is waiting for Fermina home. The setting is in the edge of the ocean where there is an only lighthouse where he settles. The lighting is dominantly dark to show Florentino Ariza's

sorrow. Yet the only lighthouse represents how tough he is in waiting for Fermina Daza in a loneliness as represented by vast and crashing oceans. It also depicts that although Florentino Ariza has an only friend who is supposed to understand him, he still feels that his only friend, his closest fellow cannot understand what he feels. In this picture Florentino Ariza said that "Ricardo is my only friend but he does not understand, I must wait her home" (00:31:39 - 00:32:01). This case proves the existentialist taught that "there is no person other than ourselves that can feel or experience what we have ever felt (Perlman & Peplau, 1985, p.126)".

Existential approach proposed by Moustakas (1961, p.128) distinguishes two kinds of loneliness. These two kinds of loneliness are Anxiety Loneliness and True Loneliness. It is worth to distinguish between these two because the cause and effect of each is very different. "Loneliness anxiety is a system of defense mechanism that distract people from dealing with crucial life questions and motivates them constantly to seek activity with others" (Perlman & Peplau, 1985, p.126). "True Loneliness stems from the reality of being alone and of facing life's ultimate experiences such as birth, death change, tragedy) alone. From Moustakas' viewpoint, true loneliness can be a creative force (Perlman & Peplau, 1985, p.126). Meanwhile, Moustakas (1972, p.20-21) defines True Loneliness as the following:

Every real experiences of loneliness involve a confrontation or an encounter with oneself. The encounter is joyous experience. Both the encounter and the confrontation are ways of advancing life and coming alive in a relatively stagnant world; they are ways breaking out of uniform cycles of behaviour.

From the passage above, it can be inferred that this kind of loneliness even encourage people who undergo it to be able to overcome their fear of loneliness and learn to use loneliness in a positive way as Weiss (1989, p. 26) also said that loneliness is an emotional phenomenon that can be a powerful motivator.

In Florentino Ariza's problem, he experiences true loneliness since he feels really lonely as the love tragedy with Fermina Daza, the death of his mother and the willingness to wait and win Fermina's heart again. In this pitiful condition, Florentino Ariza tries to express his feeling in writing poems, letters, working, etc. But in the middle of the pain of true loneliness, he also tries to look for activities with others, for example: in having sex with 622 women. Thus, it can be inferred that he experiences true loneliness, but because his pain in true loneliness is too deep since it lasts until fifty years, he cannot deny the anxiety of feeling lonely. However, his loneliness becomes the booster of his self-actualization. Since he is still motivated to win Fermina Daza's heart again, he uses his potency in the core of loneliness to achieve his motives.

### **3.2. The transformation from loneliness to self actualization (Fulfilling the hierarchy of needs)**

According to Maslow (1943, p. 370) the higher level of need can be completed after the lower level accomplished successfully. The analysis will be based on this pyramid hierarchy to describe the fulfillment of Florentino Ariza's needs.



The analysis will begin from the lowest level which is biological and physiological needs. This basic needs have to be completed since it is the requirement of how somebody can survive. Without food, air, drink, warmth and sleep, the human body cannot continue to function. In the movie *Love in the Time of Cholera*, it is clearly described that Florentino Ariza can fulfill his basic needs.

The second level of needs is safety Needs - Once physical needs are somewhat satisfied, focus on safety needs take precedence and dominate our behavior. For the second level of need, Florentino Ariza accomplishes it since he is always saved from civil war and cholera epidemic, while many others become the victims of civil war and cholera. The only thing has troubled him is his love for Fermina. In his poem, he ever compares the pain of love and of cholera and civil war. This is the poem, "If the suffering of your own heart doesn't kill you, the ever-recurring civil war might. And there is the disease that comes between the burst of bloodshed, the deadly choking embrace of cholera. She is even more impossible to predict than war. She grabs hold, then suddenly she lets go. She grabs hold, she lets go (00:29:07 – 00:29:36)".

In that poem, Florentino Ariza tries to explain what the people suffer. They suffer from cholera, a deadly disease which suddenly come and suddenly go. For himself, he seems to suffer from cholera instead of the suffering from love pain. It means that the pain of his love tragedy is the same with the pain of people who suffers from and dies due to cholera illness.

The third level is the need of belongingness and the need for love.

Human is a social creature that has to live with any other human beings. This matter obliges human to love and to be loved. Maslow (1943, p.381) explain love needs as the following:

The love needs. -- If both the physiological and the safety needs are fairly well gratified, then there will emerge the love and affection and belongingness needs, and the whole cycle already described will repeat itself with this new center. Now the person will feel keenly, as never before, the absence of friends, or a sweetheart, or a wife, or children. He will hunger for affectionate relations with people in general, namely, for a place in his group, and he will strive with great intensity to achieve this goal. He will want to attain such a place more than anything else in the world and may even forget that once, when he was hungry, he sneered at love. (Maslow, 1943, p.381)

This assertion affirms that love need is very important to human being as it will complete the meaning of their life. If these elements are absent, social anxiety and depression can arise. This is the main problem of Florentino Ariza. Since he is deeply in love with Fermina Daza, he builds his own need to be loved back by Fermina. However, because Fermina Daza belongs to someone else, she cannot love him back, although in the early encounter, they attach each other as a couple through letters and secret dates. As Florentino Ariza cannot forget her and does not have any willingness to forget, he still keeps his feeling inside his heart. In fact, this feeling seems to kill him slowly. Then his mother, Transito Ariza asks his uncle to move him away from any kind of letters and telegraphs so that he cannot attach to Fermina Daza again. The dialogue below describes those situations.

Transito : Yes, but I'm asking you to find him another job any job,  
as long as it's far away. Some port lost in the jungle  
where...where there is no mail, no telegraph.

Uncle : A broken heart.

Transito : Yes

(Source: *Love in the Time of Cholera*, 2007, minute 00:46:10)

When Florentino Ariza already left his previous job as a telegram operator, he still cannot replace Fermina Daza with any other women. "I am nothing. I will not heal, not for all time. I'm struck by the lightning of love and burned beyond repair. She's a splinter that cannot be pulled out. She's part of me, everywhere I go, everywhere she is" (00:47:00 – 00:47:19). This utterance clearly describes that Florentino Ariza feels to be nothing without the presence and love from Fermina Daza. The one who thinks and feels to be nothing, does not have any encouragement in continuing life since to face any problem in life, one must have spirit and courage. Nevertheless, because Fermina Daza becomes the main motives in achieving his life goal, he comes back from the job far away and waits for Fermina again.

Transito : You shouldn't have come back, my son.

Florentino : I had to.

Transito : Why?

Florentino : Something happened and... I had to be near Fermina again, Mama. That's all.

Transito : But she's not here.

Florentino : What do you mean she's not here?

Transito : She's in Paris on her honeymoon. She'll be gone a long time, more than one year. Maybe two years.

Florentino : That's not true, Mama.

Transito : It is true, my son. It is true. At least two years.

Florentino : No. No, Mama.

Transito : Please don't cry. Please , please don't waste your life.

You must forget her. You must find someone else who will help you forget.

Florentino : I can't forget, Mama. I will never forget, Mama. I will never forget, Mama.

(Source : *Love in the Time of Cholera*, 2007, minute (00:55:45))

From the dialogue, it is worth to notice that Florentino cannot forget Fermina, his mother wants to heal his love pain by introducing him with another woman and wants him to marry that woman. However, Florentino Ariza finds a way for healing himself. That is the alternation of the love pain into sexual habit. Every woman he sees, it is the woman who will sleep with him and have sexual intimate relationship. For at least fifty years, he already sleeps with 622 women.

In his diary, he always records the name of the woman he sleep with,

“Women. Number one... unknown lady in boat. The first wondrous explosion.

Number two, the Widow Nazaret, while doing it, only talks of her dead husband.

Number three... Esmeralda Arau, a skinny, wiggling tadpole who'd walk me

through the ferns. Number four, Maria Estevez, very dangerous. We were so close

to the street, anyone could have heard us. This is the cure for the pain of Fermina”

(00:59:37 – 01:00:30). The last sentence is the proof that any other woman who

has a sexual intimate relationship with him is only the cure for the love pain of

Fermina Daza.

The conclusion is that when Ariza makes relationship with many

women, he only alternates his feeling of loneliness, he may feel love but he never

feel of belongingness. His belongingness will be completely fulfilled when he

wins Fermina's heart. That's why when he can win Fermina's heart after at least

50 years, he often says “I am happy, I never felt as happiest as now”.

The journey in waiting for Fermina Daza is a difficult one. He must be crazy if he does not follow his routine in having sex. But since that routine cannot meet his actual love and belonging needs, that sex routine is just like rust. The reason is he tries to fulfil the need in level three by the way in fulfilling the need of the basic level which is basic and physiological need. Therefore, the need which is fulfilled or completed is only the physiological level but he hopes deeply that he can complete third level need by sexual intimate relation, not as the fulfilment of love and belongingness need. A statement by Maslow (1943, p. 389) will strengthen the analysis.

One thing that must be stressed at this point is that love is not synonymous with sex. Sex may be studied as a purely physiological need. Ordinarily sexual behavior is multi-determined, that is to say, determined not only by sexual but also by other needs, chief among which are the love and affection needs. Also not to be overlooked is the fact that the love needs involve both giving and receiving love.

From this description, it is clear that the reason why Florentino Ariza even feels that his sex routine is just like rust is love he hopes is actually never met by his sex habit. This dialogue below can also be the proof that Florentino Ariza needs love very much, but he unfortunately cannot fulfil it while he has slept with 622 women.

Ricardo : Why are you so successful with women?

Florentino : Um...because they see in me someone guilty. In need of love. Someone who will not harm them. My heart has more rooms than a whore house, Ricardo.

Ricardo : What number are you on now?

Florentino : Prepare yourself for a shock. I'm on number 622.

(Source : *Love in the Time of Cholera*, 2007, minute 01:32:44)

For esteem needs, this level is completed when one feels comfortable with what they have accomplished from a success and status standpoint. Maslow in his book *The Theory of Human Motivation* (1943, p.380) defines Esteem as the following:

The esteem needs. -- All people in our society (with a few pathological exceptions) have a need or desire for a stable, firmly based, (usually) high evaluation of themselves, for self-respect, or self-esteem, and for the esteem of others. By firmly based self-esteem, we mean that which is soundly based upon real capacity, achievement and respect from others. These needs may be classified into two subsidiary sets. These are, first, the desire for strength, for achievement, for adequacy, for confidence in the face of the world, and for independence and freedom. Secondly, we have what we may call the desire for reputation or prestige (defining it as respect or esteem from other people), recognition, attention, importance or appreciation.

From the explanation, it verifies that esteem is all about self respect, confidences, competence and knowledge that other hold them in high of confidences. This need is achieved when one can get respect from others.

Florentino Ariza's esteem is shown when he is old. After watching a movie performance in town, in fact Fermina and Urbino are also there, Florentino is able to show himself directly even shakes hands with Urbino and also shows respect gesture to Fermina by raising his hat. It is happened since he has confidence due to his higher position as the president of the Carribbean River Company, which makes him very rich now. It is very different to the years which passed by, he had never shown himself directly to them, he just always watch them from far away.

Besides, at that time, Fermina is not a girl anymore, she's a great lady of a rich doctor, by then Florentino Ariza asks for a job to his uncle. In fact after years, he is appointed to be the president of the River Company. He got a good reputation from others, and now he is called by Don Florentino Ariza. Don is a Spanish word to address someone who is very honourable. In English it is the same like Lord or Count or Sir.

### 3.2.1 Florentino Ariza's Self Actualization

Self actualization is an instinctual need possessed by humans to make the most of their abilities and potency to strive to be the best they can be. According to Maslow (1943, p.389) the need for self-actualization is:

Even if all these needs are satisfied, we may still often (if not always) expect that a new discontent and restlessness will soon develop, unless the individual is doing what he is fitted for. A musician must make music, an artist must paint, a poet must write, if he is to be ultimately happy. What a man can be, he must be. This need we may call self-actualization.

In the effort of achieving self actualization, there are some values to be noticed.

One who is in the effort to achieve his self actualization has some values to be considered. Those values are truth, uniqueness, simplicity and totality. The one who actualize himself must admit those values since those values help him to do all the best that a man can do.

The first value is truth. Truth is thing which happened in the reality.

Although it is painful, Florentino Ariza never denies that he is in love with

Fermina in his entire lifetime. He admits that he was born to this world to love

Fermina. That is why; he always waits for Fermina's love back.

The second value is uniqueness. It means that the potency or the talent that people have. When people develop their talent and succeed with their uniqueness, they already actualize themselves. It can be figured out that Florentino Ariza has a talent to art- things, such writing poem and playing violin. In fact, to get rid of his loneliness; he uses a letter and a pen to express his feeling. He writes many poems for himself and for others. Since love becomes his only interest, he tries to write for other people's feeling. There are couples of people who ask Florentino Ariza's help to write love letters for their loved ones. He once was mocked by his uncle and perhaps by other people, but he keeps on doing his interest and uses his talent to express himself, to get rid of his loneliness.

- Uncle : This is not a business letter. This is a love letter.
- Florentino : Love is the only thing that interests me.
- Uncle : Well, the trouble is without the river navigation, there is no love. It must stop.
- Uncle : If you can't write a straightforward business letter, you will be put to picking up trash on the dock. But I need love. Don Leo, I need love. I need love

(Source : *Love in the Time of Cholera*, 2007, minute (01:07:52))

This dialogue above seems to describe that even though Florentino Ariza works as a clerk, he writes the entire business letter in a way how a person writes a love letter, while a business letter must be precise and formal. Yet, he insists that he needs love and that is why he does everything in the name of love, including writing a business letter. He does not feel ashamed to speak or to do the truth because all he wants is to have or fulfil his need in life, that is love. Finally, he



expresses his lack of love by being a love letter writer in the market. He wrote a love letter for many couples. In fact, this activity leads him to fulfill his esteem need or being respected by others. This dialogue will be the evidence of how a married couple wants to say thank you to Florentino Ariza due to his success in uniting them in a lovely marriage.

Couple : Senor Ariza, we wanted to thank you.

Florentino : Sorry?

Couple : You wrote letters for us.

Florentino : Ah, yes. I remember, yes.

It was the only time I wrote letters for...for both lovers. It was like writing to myself.

Couple : We're married now.

Florentino : Good.

Couple : We wanted to ask you, will you be godfather?

Florentino : Yes, of course.

Couple : He's our first son.

Florentino : Yes, I will be honoured

(Source : *Love in the Time of Cholera*, 2007, minute 01:20:44)

In this dialogue, Florentino Ariza who has not yet married is successful in uniting two young people into marriage. The couple kindly asked Florentino Ariza to be their son's godfather. In catholic tradition, to be a godfather or a godmother is really honorable since they will be regarded as a faithful man or woman. It can be concluded that by being a godfather, Florentino Ariza enhances his self-esteem.

The last value is totality. A person must totally do what he can do to achieve self actualization. In his entire lifetime, the writer infers that Florentino Ariza wants to marry Fermina so much, yet he cannot. However, his willingness drives him to keep on waiting for Fermina. He might have plenty sexual relationships but he never wants to marry any of those women. He always insists

to wait and marry Fermina Daza. One attempt that he tries to achieve is he asking his uncle Don Leo to give a job. The reason is, by having a job, he can create, produce and become someone that can be proud of, someone that finally will change him into an honored man. This is the dialogue describing those situations.

Uncle : What do you want?

Florentino : A job.

Uncle : I gave you a job at Veilla de Leyva and you threw it away.

Florentino : It is different now. I want to be rich like you.

Uncle : I am not rich. I'm a poor man with money which is not the same thing.

Florentino : Why do you want to be rich?

Florentino : So that I can be someone in society, I need... I need to be worthy of a great lady I cannot stop loving.

Uncle : Who is she? Married?

Florentino : Yes, but I'm waiting for her husband to die.

Uncle : Is he old?

Florentino : No, but I'll wait for however long it takes.

(Source : *Love in the Time of Cholera*, 2007, minute (01:02:47))

From the dialogue above, it can be concluded that Fermina Daza is the main motivation of why Florentino wants to be someone who is respected by the society. Finally, after years passed by, he can reach that. He has become the President of the River Company of Caribbean and people really respect him. One of the examples is when he begins to wear a tidy black or white suit with its classic hat which shows his social status. Indeed, people address him as Don Florentino Ariza or in English Sir/Lord Florentino Ariza. He owns a river company and many luxurious cruise ships. Fermina Daza eventually admits his presence and respects him while some decades ago, she just said that Florentino Ariza was like a ghost and his love was an illusion.

Fermina : Someone wants to call on me.

Daughter : Who?

Fermina : Don Florentino Ariza.

Daughter : The man who owns the riverboats? You know what they say about him?

Fermina : No.

Daughter : They say he has never had a woman. In fact, they say his tastes are quite the opposite. They say he has a secret office where he takes boys he picks up on the docks at night.

Fermina : I simply don't believe that. I've known him since he was a boy. He's an honorable man.

(Source : *Love in the Time of Cholera*, 2007, minute (01:38:29))

This is the dialogue which is held by old Fermina Daza and her daughter. Her daughter argues that Florentino Ariza is a terrible man but Fermina Daza seems to defend him and said that he is an honourable man. It is happened since Florentino Ariza now has a high reputation admitted by the society. Unlike decades ago that he was just a telegraph operator who was unknown and not respected. In his old age, Florentino Ariza is the president and the owner of The River Company of Caribbean. In the end of the story, he wants to do impossible thing which is voyage without no end, no specific destination. He does that to execute Fermina's desire to be always away from home. Thus, he commands his captain to do that impossible thing.

Florentino : Captain, speaking hypothetically, would it be possible to make the return trip without stopping? Without cargo or passengers, without coming into any port.. without...without anything?

Captain : It's possible. But only hypothetically. As you know better than I, the company has contracts to fulfill. But there is one thing that could be done.

Florentino : What is that?

Captain : If we had a case of cholera onboard.

We'd hoist the yellow flag and be quarantined.

Florentino : Well then, let's do that.

Captain : I command this ship, but you command me. If you're serious, just give me the order in writing and we will leave right now.

(Source : *Love in the Time of Cholera*, 2007, minute (01:49:51))

From the passage above, it can be inferred that Florentino Ariza becomes respected by the society, particularly by his employees which in this case is the captain of the ship. The captain will execute his willingness to sail without end by hoisting cholera flag on the ship. It seems impossible but the captain will do everything Florentino Ariza commands him to do.

In the end, finally Florentino and Fermina sail together in the ship hoisted by cholera flag. They seem to be happy and complete. And in this stage, Florentino declares that what he chases for that long has been fulfilled. Thus, his self actualization drives him to get his main life desire to win back Fermina's heart.



(Source : *Love in the Time of Cholera*, 2007, minute 01:52:09)

This above scene is the last scene of the movie. It symbolizes that Florentino Ariza's love need has been fulfilled. The boat represents the love journey of Florentino Ariza and Fermina Daza because only the two of them on the boat. The setting of place which seems to be so calm and peaceful symbolizes the feeling of Florentino Ariza who finally can win Fermina's heart. It is very different with the previous scene of crashing waves in the ocean which seems to be so sombre and chaotic. This scene also supported by the last word of Florentino Ariza.

Fermina Daza : And how long do you think we can stay like this?  
 Florentino : Forever.  
 Fermina : Forever?  
 Florentino : After 53 years, seven month and 11 days and nights, my heart was at last fulfilled. And I discovered, to my joy, that it is life and not death that has no limit

(Source : *Love in the Time of Cholera*, 2007, minute 01:51:30)

The sentence "It is life, but not death that has no limit", means that he never regret to spend his life suffering from love pain because finally he can win Fermina's heart. From the lighting aspect, it shows that it is bright and calm. It affirms that now the feeling of Florentino Ariza is joyful and calm, it will never be as crashing waves and dark ocean as before. It can be inferred also that although he feels so desperate, he swallows all his love pain and always tries to have gone through it. He accepts the truth that the lady he loves belongs to another rich man but he never tries to kill her husband due to jealousy, nor tries to commit suicide due to

his inability to bear the pain. However, he keeps resist loving Fermina the way he does. Even finally, they are united in their old ages, in his life he has a chance to be with Fermina Daza.

If this love need fulfilment is connected again with self actualization, it is his self actualization which finally leads him to the fulfilment of love and belongingness needs. Since the position of love and belongingness needs in the hierarchical pyramid is in the third stage, it should be fulfilled first before one fulfils the two higher needs which are self esteem and self-actualization. The absence of love need fulfilment makes him lonely. Yet, he avoids the pain of loneliness by two things, sex and career. While sex becomes the negative alternation, career leads him to achieve good reputation and respect from society.

Having not yet fulfilled the love need, Florentino Ariza directly struggles to the fulfillment of esteem and self actualization. The main motive of the accomplishment of his self actualization is Fermina Daza. It is because she comes from upper class society and it is impossible for him, a man coming from lower class society to marry her. It means that he has to change his destiny, from lower class man to be a upper class man to be able to marry her. After he accomplishes those two, finally he can fulfill his love need. It is proven that in his loneliness, he uses all his potency to achieve self actualization which finally leads him to win Fermina's heart.

## CHAPTER IV

### CONCLUSION AND SUGGESTION

#### 4.1 Conclusion

Florentino Ariza, the main character of *Love in the Time of Cholera* Movie suffers from loneliness due to his love tragedy with his loved one, Fermina Daza.

Their different social status separates them. Fermina Daza is proposed by and married to the rich man, Dr. Juvenal Urbino, while Florentino Ariza remains single and waits for her. For at least 50 years, Florentino Ariza struggles to win back Fermina's heart. He passes those 50 years with the feeling of loneliness and tries hard to get rid of those feeling by having sex with 662 women.

Unfortunately, he never finds a true love and remains lonely. However, he can achieve his self actualization within his loneliness and the main motivation is Fermina Daza.

There are three conclusions that can be drawn from the analysis from the previous chapter of how Florentino Ariza achieves his self actualization within his loneliness.

The first is, Florentino Ariza's loneliness (the lack of intimate relationship) is fulfilled by having sex with 622 women. However, it cannot get rid of his loneliness feeling since his sexual activities routines seem to be like rust. Yet, it is the only way which can decrease the love pain within his loneliness.

The second, Florentino Ariza's loneliness can be decreased by sexual intercourse with as many women as possible but his life purpose to marry Fermina Daza has not been achieved yet. Thus, simultaneously within his loneliness, he tries to reach his self-esteem so that he can be an honoured man in society. He is now the president of the Caribbean River Company. By being the honoured man, Fermina Daza regards his presence and respects him as well. Therefore, Fermina Daza is the main motive for him to actualize himself.

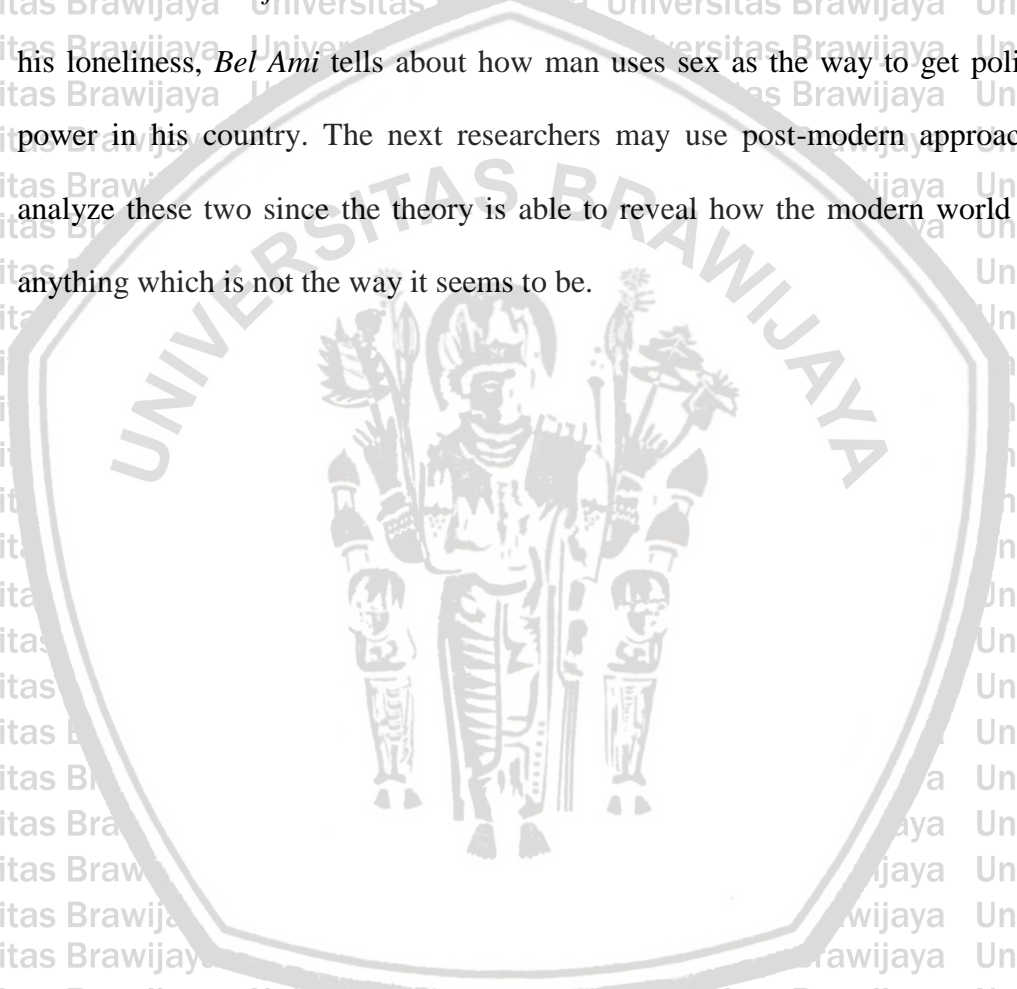
The last, Florentino Ariza can fulfil all the need in Abraham Maslow's hierarchy but the order is changed. Consequently, it can be concluded that to achieve the higher need, people do not need to fulfil the lower needs. The fulfilment of each level can be reversed. In this case, Florentino Ariza achieves self actualization by fulfilling the first (basic) need which is physiological need such as eating, drinking, sleeping and sex. Then continuing to the second need which is safety, then directly jumping to the forth need which is gaining self esteem. After gaining his self esteem, Florentino Ariza can also fulfil the fifth or the highest need which is self actualization. At last, when he accomplishes the highest level of need, he is back to the third level which is love need.

In short, by gaining self actualization, finally Florentino Ariza can fulfil his life purpose to win Fermina's heart again and this thing makes him extremely joyful.



#### 4.2 Suggestion

The writer suggests the next researchers to continue the research by comparing two object materials. The first is indeed *Love In The Time Of Cholera* and *Bel Ami* movies. These two objects have the similarities in sex topic. While, *Love in the Time of Cholera* tells about how a man becomes sex addict to avoid his loneliness, *Bel Ami* tells about how man uses sex as the way to get political power in his country. The next researchers may use post-modern approach to analyze these two since the theory is able to reveal how the modern world sees anything which is not the way it seems to be.



## REFERENCES

- Brewer & Gardner. (1996). *Personality and psychology bulletin*. Cambridge. Routledge.
- Perlman & Peplau (1981). *Blueprint for a social psychological theory of loneliness*. Oxford. England.
- Perlman & Peplau (1985). *A source book of current theory, research and therapy*. New York. John Wiley and Sons.
- De Jong Grieveld (1987). *Loneliness and social isolation*. Cambridge. Cambridge University Press.
- De Jong Grieveld (1985). *Applied psychological measurement*. Cambridge. Cambridge University Press.
- Moustakas, C.E (1972). *Loneliness and love*. Englewood Cliffs, N.J. Prentice Hall.
- Maslow, Abraham (1943). *A theory of human motivation*. London. Hogart.
- Grail & Sutton (2002). *Elements of Mise en Scène*. London. Cambridge University Press
- Love in the Time of Cholera* Movie, 2007.