

**ABSTRACT**

Milasari. 2016. *The Relationship between Internal Mother Factors, Husband Support, Family Support and Health Workers Support with Exclusive Breastfeeding In Randugading Village, Tajinan District, Malang*. Final Assignment, Bachelor of Midwifery Program, Faculty of Medicine, University Brawijaya. Supervisors: (1) Rismaina Putri,S.ST.,M.Keb (2) dr. Maya Devi Arifiandi, Sp.OG.

World Health Organization (WHO) recommends mothers to give exclusive breastfeeding to infants for six months. Although breastfeeding has many benefits, the scope of exclusive breastfeeding in Indonesia is still low. Tajinan is the district with the lowest percentage of exclusive breastfeeding in Malang. The aim of this study was to determine the relationship of internal mother factors, husband support, family support and health workers' support with exclusive breastfeeding in the Randugading village. The design of this study was descriptive correlation, using fisher exact test and multiple regression analysis. The samples were selected using purposive sampling and total sampling to 39 mothers. The results showed that there were associations but it wasn't any significant associations between the internal mother factors, including education  $p = 0.402$ , knowledge  $p = 0.992$  and mothers' attitude  $p = 0.404$  with exclusive breastfeeding in the Randugading village. While there were positive significance associated between husband support  $p = 0.000$ , family support  $p = 0.000$  and health workers' support  $p = 0.000$  with exclusive breastfeeding in the Randugading village. The internal mother factors, husband support, family support and health workers' support  $p = 0.000$  simultaneously had positive significance associated with exclusive breastfeeding in the Randugading village. The determining coefficient was 0,894 which means that correlation was very strong (0.80–1.00). The conclusion is there are associations but isn't any significant associations between the internal mother factors, including education, knowledge and mothers' attitude with exclusive breastfeeding in the Randugading village. While there are positive significance associate between husband support, family support and health workers' support with exclusive breastfeeding in the Randugading village. The internal mother factors, husband support, family support and health workers' support simultaneously have positive significance associate with exclusive breastfeeding in the Randugading village.

**Keywords:** internal mother factors, husband support, family support, health workers support, exclusive breastfeeding