

ABSTRAK

Fitriana, Oki Nur. 2016. **Hubungan Dukungan Suami Terhadap Pemberian ASI Eksklusif Di Posyandu Desa Penataran Kecamatan Nglegok Kabupaten Blitar**. Tugas Akhir, Program Studi Ilmu Keperawatan Fakultas Kedokteran Universitas Brawijaya. Pembimbing 1) Ns. Dewi Kartikawatiningsih. MPH. Dan 2) Ns. Mukhamad Fathoni, MNS.

Air Susu Ibu (ASI) merupakan makanan yang sempurna dan terbaik bagi bayi karena mengandung unsur gizi yang dibutuhkan bayi guna pertumbuhan dan perkembangan yang optimal. Berdasarkan data SDKI (Survei Demografi dan Kesehatan Indonesia), tahun 2002-2003 sebagian bayi sudah mendapatkan makanan / minuman pendamping ASI sejak dini, 36% bayi berumur kurang dari 2 bulan mendapat makanan pendamping ASI yang terdiri dari air (4,1%), cairan lain (2,7%), susu non ASI (16,3%) dan makanan padat atau lumat (21,1%), makanan padat diberikan bayi umur 2-3 bulan. Pemberian ASI eksklusif sangatlah penting mendapat dukungan dari keluarga, terutama suami. Dukungan suami merupakan bentuk motivasi yang diberikan kepada istri. Tujuan penelitian ini untuk mengetahui hubungan dukungan suami terhadap pemberian ASI eksklusif di Posyandu Desa Penataran Kecamatan Nglegok Kabupaten Blitar. Penelitian ini menggunakan desain penelitian *analitik korelasional* dengan pendekatan *cross sectional*. Sampel populasi sejumlah 87 responden. Analisis data penelitian ini menggunakan uji korelasi *Spearman's rho*. Hasil penelitian menunjukkan bahwa responden mendapat dukungan baik sebanyak 76 responden (87,4%) dan dukungan kurang sebanyak 11 responden (12,6%). Hasil uji korelasi *Spearman's rho* didapatkan hasil $p < 0,05$ yakni 0,000 dan r korelasi yakni 0,559. Dapat disimpulkan bahwa ada hubungan yang signifikan antara variable dukungan suami dan pemberian ASI eksklusif.

Kata Kunci : Dukungan suami, ASI eksklusif.

ABSTRACT

Fitriana, Oki Nur. 2016. **Relationship Support Against Husband Exclusive Breastfeeding In Posyandu Penataran Nglegok District of Blitar**. Final, Nursing Science Program UB School of Medicine. Supervisor 1) Ns. Dewi Kartikawatiningsih. MPH. And 2) Ns. Mukhamad Fathoni, MNS.

Breastfeeding is the best food for infants, because it is containing nutrition that is needed to optimize the babies growth. Based on SDKI data (Demography and Health of Indonesia Survey) in 2002-2003 50% infants got complementary feeding early. 36% before age 2nd of month got complementary feeding which containing water (4,1%), another liquid (2,7%), formula milk (16,3%), and abbreviated solid (21,1%), those abbreviated solid foods are given in age 2-3 of month. Family support is necessary for the Mom while giving exclusive breastfeeding especially from the husband. The husband support is the representative of his motivation. The purpose of this research was to find out the correlation between the husband support of giving breastfeeding in the posyandu in Penataran, Nglegok, Blitar. This research design used *correlation analysis with cross sectional approach*. The sample of this research were 87 respondents. Data analysis used spearman rho. The result of this research showed that 76 respondent (87,4%) was getting support well and 11 respondent (12,6%) was getting good enough. From the correlation *Spearman rho* showed that $p < 0,05$ that is 0,000 and r correlation is 0,559. So that, the conclusion is there is a significant correlation between husband support and giving exclusive breastfeeding.

Keywords: Support husband, exclusive breastfeeding.

